

## **Medical Nutrition Therapy**

Nutritional status and how your body normally works, can be adversely affected by the cancer process, the symptoms and side effects of the disease and its treatment. Treatments can include; chemotherapy, surgery, immunotherapy and radiation therapy.

Nutrition assessment should begin as soon as possible after diagnosis, taking into consideration your treatment plan and goals, current nutritional status and anticipated nutrition related side-effects.

***The Community Cancer Center's Registered Dietitian, is Board Certified as a Specialist in Oncology Nutrition and will work with you to;***

- develop an individualized nutrition care plan based on your diagnosis and treatment plan.
- provide anticipatory guidelines to help prevent common nutritional problems that may occur during treatment.
- address side-effect management, and pre-existing conditions including digestive and bowel issues.
- review management of diabetes, kidney, liver and other health problems.
- review complementary and alternative medicine (eg., herbs, dietary supplements, vitamins and mineral).
- review medication and nutrition related interactions.
- provide evidence based Medical Nutrition Therapy across the care continuum including prevention, treatment, survivorship, palliative care and hospice.
- Manage tube feeding, if needed to support the patient during treatment.
- Weight loss management after completion of treatment.
- Survivorship Nutrition Clinic.

Our Registered Dietitian will help you manage nutrition related needs that are specific to your individualized survivorship plan. Ask your nurse or Physician to schedule an appointment.