

Smoke-Free Pregnancy

BETTER YOU, BETTER BABY



5 WORKSHOPS

5 SUPPORT SESSIONS

REFRESHMENTS, GIFT CARDS
& GIFTS FOR BABY

Let Us Help You Quit Smoking With

- The newest, proven techniques in smoking cessation.
- Classes led by Doctors & Trained Facilitators with decades experience.
- Peer-to-peer Mentorship & Support



SESSION'S NOW OPEN!
REGISTRATION REQUIRED!

The Smoke-Free Pregnancy Program participants earn Incentive Award for both attending the weekly classes and maintaining a nicotine free status.*



For more information about programs contact:

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